

Doctor's Certificate for Muscular Dystrophy

Policy Number(s): _____

Date: DD/MM/YYYY

Personal details of the Patient (Life Assured):

- Full Name of Patient:
- Date of Birth: DD/MM/YYYY

Clinical Manifestation:

- Date of first diagnosis: DD/MM/YYYY
- Duration since it is diagnosed: ____ Years ____ Months ____ Days
- Progress of patient:
- Stimulating Factors:
- Any history of same illness - *YES NO *If yes please provide the treatment records

Medical History:

Tick if Yes	Factors	Comments
<input type="checkbox"/>	Hypertension	
<input type="checkbox"/>	Diabetes	
<input type="checkbox"/>	Dyslipidaemia	
<input type="checkbox"/>	TIA/Stroke	
<input type="checkbox"/>	Heart Disease	
<input type="checkbox"/>	Valvular/AF/Ischaemic	
<input type="checkbox"/>	Peripheral vascular disease	
<input type="checkbox"/>	Carotid Bruit (due to Carotid Artery Stenosis or Atheroma)	
<input type="checkbox"/>	Smoking	
<input type="checkbox"/>	Deep Vein Thrombosis	
<input type="checkbox"/>	Any other condition	

• **Medical Investigation & Findings:**

- Blood:
- ECG:
- 2-D Echo:
- Imaging:
- CT Brain: _____
- MRI Brain: _____
- Any Other: Please specify in detail: _____

Deficit Conditions:

Sr.	Symptom	Motor	Sensory	Effects on Cerebro-Spinal Fluid & Tendon Reflex
1.	Loss of Vision			
2.	Loss of hearing			
3.	Loss of Speech / Slurred Speech			
4.	Disability in movements of hands			
5.	Disability in movements of legs			

Course of Treatment:

- Is there any current neurological deficit *Yes No: *If yes please mention the same in detail
- Is there any improvement in the neurological deficit from the date of diagnosis? *Yes No
*If yes, how would you rate the improvement, if asked in percentages - _____%
- Can the patient perform below mentioned activities of daily living comfortably?

Tick if Yes	Activities	Comments
	Mobility	
	The ability to move indoors from room to room on level surfaces	
	Transferring	
	The ability to move from a bed to an upright chair or wheelchair and vice versa	
	Dressing	
	The ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances	
	Washing	
	The ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means	
	Feeding	
	The ability to feed oneself once food has been prepared and made available	
	Toileting	
	The ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene	

- **Prognostication:**

Date: DD/MM/YYYY

Registration No.: _____

Signature & Stamp of the Doctor